

PRACTICAL TOOLS PURCHASED AT THE END OF THE COURSE

Mandatory essential practical tools are:

- Interpretation of hormonal results (STH, TSH, ACTH, LH, FSH, Prolactin, T3, T4, Cortisol, PTH, ADH, Testosterone, Estradiol, Progesterone)
- Dynamic function tests used in patients with pituitary dwarfism
- Water deprivation test
- Oral glucose tolerance test in patients with acromegaly (growth hormone suppression test)
- Palpation of the thyroid gland
- Eye signs evaluation in thyroid eye disease
- Thyroid gland scintigraphy results interpretation
- Testing for Chvostek sign and Trousseau sign
- Dexamethasone suppression test with low and high dose
- ACTH stimulation test
- Oral glucose tolerance test (OGTT): procedure and interpretation of the results
- Assessment of blood glucose using a glucometer
- Assessment of body mass index (BMI)
- Appreciation of the ideal body weight
- Calculation of caloric need
- Assessment of bread unit (BU)
- Glycemic index (GI)
- Insulin administration technique
- Application of 500 rule and 1800 rule in determining the daily insulin dose
- Application of 15 rule in hypoglycemia treatment
- Diabetic Foot Assessment (foot sensitivity examination, peripheral pulsation determination)